



## Hypothermia FY 18 Debrief – Families Prepared for the District of Columbia Interagency Council on Homelessness May 2018

### ***Families Accessing Virginia Williams During Hypothermia '18***

A total of **1599 unique households** sought services at the Virginia Williams Family Resource Center (VWFRC) during Hypothermia '18 (November 1, 2017 and March 31, 2018). This is a **three (3) percent** increase in households seeking services at VWFRC compared to Hypothermia '17. All told, these households made **2078 visits<sup>1</sup>** to the VWFRC during the Hypothermia season.

### ***Site Living at When First Visiting Virginia Williams***

Similar to previous seasons, **68 percent** of households seeking services reported that they were living with family or friends at the time of their first visit during Hypothermia '18, an additional **18 percent** were staying in their own housing (subsidized or unsubsidized). **Four (4) percent** of households indicated that they were staying in a place not meant for human habitation (i.e. a car) during their first visit to VWFRC during Hypothermia '18.

<b><i>Site Living at When First Visiting VWFRC During Hypothermia '18 (n=1599)</i></b>	
<b><i>Housing Situations</i></b>	
Rental or Owned by Client, No On-Going Subsidy	13%
Rental or Owned by Client, With On-Going Subsidy	5%
Staying or Living with Family Members or Friends	68%
<b><i>Experiencing Homelessness</i></b>	
Emergency Shelter or Transitional Housing	5%
Place Not Meant for Habitation	4%
<b><i>Institutional Settings</i></b>	
Incarceration; Hospital/Nursing Home/Psychiatric/"Detox" Facilities; Foster Care/Group Home	1%
<b><i>Other</i></b>	
Data Not Collected	4%

<sup>1</sup>In FY18, DC Department of Human Services (DHS) implemented a change in protocol regarding documenting visits to Virginia Williams. In the past, a HMIS entry documenting a family's eligibility assessment was added to the system during a family's initial visit to VWFRC and that entry remained open for up to 60 days. DHS' new protocol provides a shelter entry for each HH seeking homeless services and allows HMIS to capture actual entries and outcomes of household assessments as they occur.

## Family Shelter Entries and Exits

On November 1, 2017, there were **768 families** in Emergency Shelter for families; this included:

- **433 families** in motels operated by either DHS or The Community Partnership;
- **240 families** in DC General and the associated scattered site properties; and
- **95 families** in Temporary/Apartment-style shelter

There were **276 placements<sup>2</sup>** into family Emergency Shelter during the season. However, the 276 placements were received by **262 unique families** as:

- **Eight (8)** families were placed *before the start of the season*, exited shelter, *and* were placed again during the season, and;
- **Six (6)** families were placed *during* the season, exited shelter, *and* were placed again during the season.

All told, a total of **1030 unique families** (768 + 262) were served in emergency shelter during the season.

There were **388 exits** from the emergency shelter over the course of the season, with **656 families** remaining in shelter on March 31, 2018.

<b>Emergency Shelter Exits and Entries During Hypothermia '18</b>	
Families in ES on November 1, 2017	768
Placements in ES During Hypothermia '18	276
Exits from ES During Hypothermia '18	388
Families in Emergency Shelter on March 31, 2018	656

The table below charts the number of exits per month and the destination to which each family was exiting.

<b>Destinations of Families Exiting Emergency Shelter, Hypothermia '18 (n=388)</b>										
	Nov.	%	Dec.	%	Jan.	%	Feb.	%	Mar.	%
Transitional Housing	6	9%	2	2%	3	4%	3	5%	6	7%
Rapid Rehousing	25	36%	52	54%	25	34%	31	50%	38	43%
PSH & Other Permanent Housing w/ Subsidy	9	13%	16	17%	7	10%	8	13%	14	16%
Unsubsidized, rented or owned	4	6%	6	6%	2	3%	1	2%	5	6%
With Family or Friends	6	9%	6	6%	2	3%	0	0%	2	2%
Institution	0	0%	1	1%	0	0%	1	2%	1	1%
Other Shelter*	1	1%	1	1%	3	4%	3	5%	0	0%
Destination Not Reported	18	26%	12	13%	31	42%	15	24%	22	25%
<b>Monthly Total</b>	<b>69</b>	<b>-</b>	<b>96</b>	<b>-</b>	<b>73</b>	<b>-</b>	<b>62</b>	<b>-</b>	<b>88</b>	<b>-</b>

<sup>2</sup> Placement made either via referral from Virginia Williams or on an emergency basis as needed. Virginia Williams also made 560 referrals to prevention sites during the course of the season in addition to shelter placements.

### Length of Stay

The 1030 families served in Emergency Shelter during Hypothermia '18 spent, on average, **303 days** in shelter with a median of **229 days**.<sup>3</sup> The table below details the mean (average), median, and mode length of stay in shelter (in days) for the families served during Hypothermia '18 broken down by whether they exited during the season and when or were still in shelter at the end of the season.<sup>4</sup>

<b>Length of Stay (LOS) of Families Served in ES, Hypothermia '18</b>				
	<b># of Families</b>	<b>Mean LOS</b>	<b>Median LOS</b>	<b>Mode LOS</b>
<b>Exited During Hypothermia '18</b>	388	274	203	1
<b>Stayed After Hypothermia '18</b>	656	321	242	208
<b>Total Number of Families Served in Hypo '18</b>	1030	303	229	208

The table below details the average length of stay cross-referenced with destinations for the 388 families exiting the emergency shelter level of the Continuum of Care during Hypothermia '18.

<b>Length of Stay (LOS) of Families Exiting ES During Hypothermia '18</b>		
	<b># of Families</b>	<b>Mean LOS in Days</b>
<b>Transitional Housing</b>	20	269
<b>Rapid Rehousing</b>	171	281
<b>PSH &amp; Other Permanent Housing with Subsidy, including VASH</b>	54	481
<b>Unsubsidized Housing, Rented or Owned</b>	18	359
<b>Living with Family or Friends</b>	16	162
<b>Institution</b>	3	78
<b>Other Shelter</b>	8	193
<b>Destination Not Reported</b>	98	165
<b>Total</b>	<b>388</b>	<b>274</b>

### Returns to Emergency Shelter After a Previous Episode of Homelessness

Of the 262 households placed into family shelter during Hypothermia '18, **163 families** were seeking housing or shelter resources in District's CoC for the first time, while **99 families** were CoC-involved at some point the past. **Nearly half of the 99 families** returning to the CoC were last served in emergency shelter without providing information about their destination when they exited shelter.

<sup>3</sup> Refers to the number of continuous nights spent collectively in motels, DC General, and/or Temporary/Apartment-style shelter in an episode of homelessness that occurred at least in part during Hypothermia FY 18.

<sup>4</sup> Exits from shelter displayed in tables on this page do not include those families that exited one emergency shelter site for another shelter site, i.e. moving from a motel to DC General. Rather, these types of "exits" are counted as a continuous stay in family ES.

Additionally, **32 percent** were in a rapid rehousing program within the CoC; **ten percent** were in a transitional housing program; **six (6) percent** had been referred to a prevention program; and **four percent** were in a permanent supportive housing program.

<b>Most Recent CoC Program Type of Those Returning (n=99)</b>	
Emergency Shelter	48%
Rapid Rehousing	32%
Transitional Housing	10%
Prevention Program	6%
Permanent Supportive Housing	4%

**Destination Upon Exit from Most Recent Type of CoC Program**

**Forty-four (44)** of the families that returned to the CoC during Hypothermia ‘18 had exited the CoC prior to this episode to move into their own housing. **Six (6)** went to live with family or friends after staying in a CoC program, and **one** family moved into a non-CoC housing program. An additional **48 families** did not provide destination information at exit from their last CoC program.

<b>Time Between Exit and Return to CoC (n=99)</b>	
1 to 3 months	20
4 to 6 months	23
6 to 12 months	21
13 to 18 months	12
19 to 24 months	5
25 to 36 months	8
37 to 48 months	4
49 to 60 months	6